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REPLACE AFTER JUN 2017. SEE BELOW FOR DETAILS

BLOOD TUBE GUIDE

These listings refer to which laboratory instrument will be used for each specimen should you order tests which are not listed. Tests are not necessarily necessary for diagnosis or treatment. Please be aware that Medicare generally does not cover routine laboratory tests. See website link for additional medical necessity information.

BASIC METABOLIC PANEL (BMP)		CORTISOL (SPT)		LUPUS ANTICOAGULANT w/INTEG		TRANSFERRIN (PMS)	
GLUCOSE (SPT)	BUN (SPT)	COPPER (SPT)	CREATININE (SPT)	LYSIS ANTICOAGULANT AND	LYSIS ANTICOAGULANT AND	TRANSFERRIN (PMS)	TRANSFERRIN (PMS)
UREA NITROGEN (SPT)	AMYLASE (SPT)	ALBUMIN (SPT)	UREA NITROGEN (SPT)	LYSIS ANTICOAGULANT AND	LYSIS ANTICOAGULANT AND	TRANSFERRIN (PMS)	TRANSFERRIN (PMS)
ALBUMIN (SPT)	AMYLASE (SPT)	ALBUMIN (SPT)	UREA NITROGEN (SPT)	LYSIS ANTICOAGULANT AND	LYSIS ANTICOAGULANT AND	TRANSFERRIN (PMS)	TRANSFERRIN (PMS)

Tube Type Key

- For any specimen, use 4.5 mL LIME GREEN PST
- One with 4.5 mL LIME GREEN PST for each test
- 4 mL GREEN TOP
- 4 mL ORANGE SST (Repeat Serum Tube)
- 5 mL GOLD SST (or RED TOP GOLD unsealable)
- 2.7 mL BLUE TOP, MUST BE FULL DRAWN
- One 4 mL LAVENDER TOP for any combination
- Separate 3 mL LAVENDER TOP for each test
- Separate 8 mL LAVENDER TOP for each test
- 1 mL PERIL WHITE PPT

PLEASE NOTE THAT ALL BLOOD TUBES MUST BE WELL MIXED IMMEDIATELY AFTER DRAW.
POORLY MIXED TUBES CAN RESULT IN ERRONEOUS LAB RESULTS OR LAB INSTRUMENT MALFUNCTION. MIX BY GENTLY INVERTING THE TUBE 8 TIMES. See Guide For Spec 4/16/2016



Coping with Suicidal Thoughts

Suicide Safety Plan

If you have thoughts of hurting yourself, start at Step 1. Go through each step until you are safe. Remember: Suicidal thoughts can be very strong. It may seem they will last forever. With support and time, these thoughts will usually pass. When they pass, you can put energy into sorting out problems that have contributed to you feeling so badly. The hopelessness you may feel now will not last forever. It is important to reach out for help and support. You can get through this difficult time. Since it can be hard to focus and think clearly when you feel suicidal, please copy this and put in places you can easily use it, such as your purse, wallet or by the phone.

- Step 1. Do the following activities to calm/comfort myself:
- Step 2. Remind myself of my reasons for living:
- Step 3. Call a friend or family member:
Name: _____ Phone: _____
- Step 4. Call a backup person if person above is not available:
Name: _____ Phone: _____
- Step 5. Call a care provider (psychologist, psychiatrist, therapist):
Name: _____ Phone: _____
- Step 6. Call HealthLine 1-877-800-0002
- Step 7. Go somewhere I am safe:
- Step 8. Go to the Emergency Room at the nearest hospital.
- Step 9. If I feel that I can't get to the hospital safely, call 911 and request transportation to the hospital. They will send someone to transport me safely.

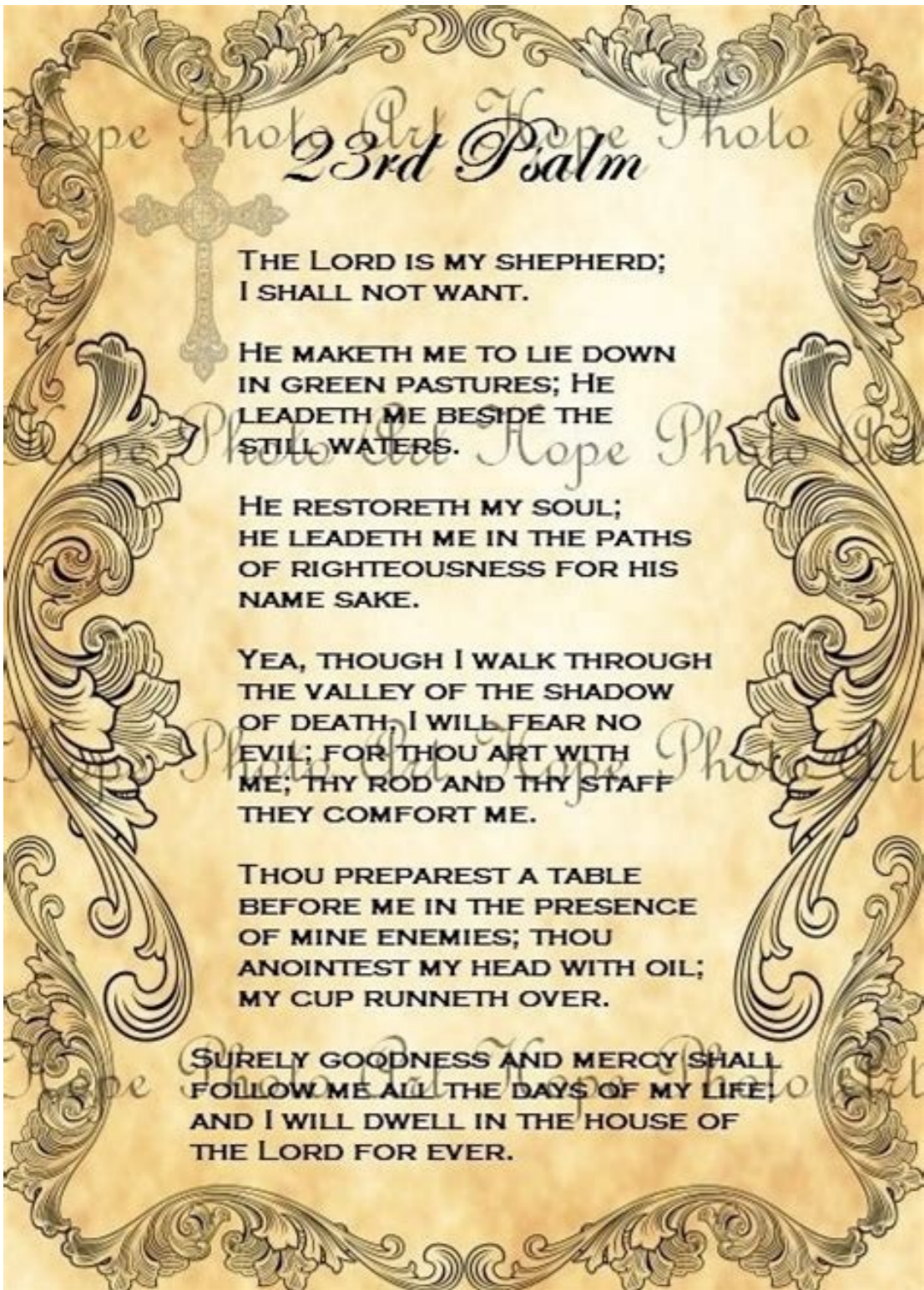
Source:
Consortium for Organizational Mental healthcare; Faculty of Health Sciences
Simon Fraser University. *Coping with suicidal thoughts*. 2009 Retrieved from

HealthLine 1-877-800-0002
Depression Self-Management Toolkit – 2011 Angela Gervais and Sheila Szakács

Ladder Inspection Form

Provided by ASCEND

Company Name: _____	
Ladder Reference Number: _____	Dep't: _____
Inspector: _____	Date: _____
<input type="checkbox"/> Stepladder Size _____ ft.	
<input type="checkbox"/> Aluminum Steps: Loose, Cracked, Bent or Missing	Yes <input type="checkbox"/> No <input type="checkbox"/>
Rails: Cracked, Bent, Split or Frayed Rail Shields	<input type="checkbox"/> <input type="checkbox"/>
Labels Missing or Not Readable	<input type="checkbox"/> <input type="checkbox"/>
Pail Shelf: Loose, Bent, Missing or Broken	<input type="checkbox"/> <input type="checkbox"/>
Top: Cracked, Loose or Missing	<input type="checkbox"/> <input type="checkbox"/>
Spreader: Loose, Bent or Broken	<input type="checkbox"/> <input type="checkbox"/>
Crotch Area: General: Rust, Corrosion, Loose or Missing of One	<input type="checkbox"/> <input type="checkbox"/>
Rivets: Bracing, Shoes, Rivets	<input type="checkbox"/> <input type="checkbox"/>
Actions: Ladder tagged as damaged if removed from use. <input type="checkbox"/> Ladder is in good condition.	
<input type="checkbox"/> Straight Ladder Size _____ ft.	
<input type="checkbox"/> Stepladder:	Yes <input type="checkbox"/> No <input type="checkbox"/>
<input type="checkbox"/> Aluminum Fiberglass: Paint/Label: Cracked, Bent or Missing	Yes <input type="checkbox"/> No <input type="checkbox"/>
Steps: Loose, Cracked, Bent or Missing	<input type="checkbox"/> <input type="checkbox"/>
Rails: Cracked, Bent, Split or Frayed Rail Shields	<input type="checkbox"/> <input type="checkbox"/>
Labels Missing or Not Readable	<input type="checkbox"/> <input type="checkbox"/>
Hardware: Missing, Loose or Broken	<input type="checkbox"/> <input type="checkbox"/>
Labels: Worn, Broken or Missing	<input type="checkbox"/> <input type="checkbox"/>
Top: Cracked, Loose or Missing	<input type="checkbox"/> <input type="checkbox"/>
Rivets: Bent, corrosion, loose, missing	<input type="checkbox"/> <input type="checkbox"/>
Spreader: Loose, Bent or Broken	<input type="checkbox"/> <input type="checkbox"/>
Crotch Area: General: Rust, Corrosion or Loose	<input type="checkbox"/> <input type="checkbox"/>
Labels: General: Rust, Corrosion or Loose	<input type="checkbox"/> <input type="checkbox"/>
Other: Bracing, Shoes, Rivets	<input type="checkbox"/> <input type="checkbox"/>
Actions: Ladder tagged as damaged if removed from use. <input type="checkbox"/> Ladder is in good condition.	



Telugu Novel. Rao under the title The Bungler (2003).[2] Lippuspa Nayak observes, in her review, that "the novel seems to falter in the last chapter that narrates the transition of the protagonist from an incompetent illusionist, unable to overcome the hangover of the family values to a schizophrenic who eventually commits suicide." However, she notes that the end of the novel is thematically reasonable. Gopichand began writing from 1940s. Archived from the original on 30 April 2016.[^] a b c Nayak, Lippuspa (September–October 2003). In George, K. New Delhi: National Book Trust. One of Gopichand's best-known works, it is regarded as the first psychological novel in Telugu literature. Narayana Reddy spoke of the innovative approach of Gopichand as a writer and director. 47 (5): 195–197. The following day Ramaya passes by and, on examining the torn bones and scattered flesh there, identifies the mangled body as that of Sitaramrao.[1] Analysis The novel was first published in 1947. She found the progression of protagonist from a romantic rebel to a questioning philosopher and a compulsive campaigner for his views to be "abrupt".[2] References ^ a b c d e f g Rao, D. C. Modern Indian Literature: an Anthology; Fiction. Indian Literature. OCLC 571019855. ISBN 81-7201-506-2. You're Reading a Free Preview Pages 24 to 33 are not shown in this preview. (1987). He visits a prostitute, then challenges a speaker addressing a meeting and is beaten up, whereupon the wise Ramaya takes him to the shelter of a rain tree, and tries unsuccessfully to reason with him so that he might mend his ways and return home.[1] One day, sitting alone, Sitaramrao cries out "All is illusion" and walks to the cremation grounds, where he imagines seeing his father rolling his eyes, gnashing his teeth and chastising him as a wastrel. On waking, a feeling of irritation provokes him to think that unless life is easy, and lived effortlessly, it is better to die.[1] Sitaramrao's uncle turns down a request for a loan, replying that Sitaramrao's father had treated him poorly: it was he who built the family's wealth, which Sitaramrao's father had squandered, and in his view, the son was behaving as his father had. The major portions of the narration is a stream of consciousness of the protagonist, Sitaramrao.[2] Set in an unstated year during the 1940s, the story occurs in an unnamed village in Andhra Pradesh, on its way to becoming a town.[1] Sitaramrao inherited megalomania from his father and this theme pervades the novel.[3] Sitaramrao's father's death-bed demand that he maintain the prestige of the family is a key point in Sitaramrao's life, causing an inner conflict between the self-aggrandizement which he inherited from his father and the gentler, more sensitive feelings from his mother's side. Characters The principle characters of the novel are:[1] Sitaramrao - the protagonist and the scion of a rich family Sitaramrao's wife Sitaramrao's daughter Ramayya - an old man from Sitaramrao's village Plot The protagonist of the novel is Sitaramrao. Secunderabad: Yuvabharathi. You're Reading a Free Preview Pages 37 to 46 are not shown in this preview. He also wrote Post Cheyyani Uttaralu . His wife Indira understands him and he loves her for this, nevertheless he is unable to express his love to her. (1993). He blames her for his own failings and the consequent inner turmoil sends him mad and leads to his death.[3] Reception and criticism Considered to be a classic of modern Telugu literature, the novel is the best-known psychological novel in Telugu.[4] It is regarded as the first psychological novel in Telugu literature[1] and influenced the later development of Telugu writing.[5] It was translated into English by D. He is sensitive enough to understand when others are hurt, but cannot express this to them. He takes to wandering in bazaars, singing or haranguing passers-by. A function was arranged last week at Telugu University's auditorium to release the postal stamp. ISBN 978-81-260-1803-1. pp. 236-237. Vol. 2. RaoCountryIndiaLanguageTeluguGenrePsychological novelPublication date1947Published in English2003 Asamardhuni Jivayatra (English: The Life Journey of a Hapless Soul) is a 1947 Telugu language novel by Tripuraneni Gopichand. He modelled it after Pt. Nehru's Discovery of India . M. He won the central Sangeet Natak Akademi's award and his work Asamardhuni Jeevayatra was translated into different languages. "Reviewed Work: The Bungler by Gopichand, D.S. Rao". New Delhi: Sahitya Akademi. You're Reading a Free Preview Pages 50 to 54 are not shown in this preview. M., ed. As one side speaks, the other is veiled, but they both assure him that whatever he hungers after will be provided. At the start of the novel, Sitaramrao's father on his deathbed commands his son to maintain the family's honour. Encyclopaedia of Indian Literature: A-Devo. ^ a b c George, K. Post on 08-Feb-201612.164 viewsCategory: Documents9.022 downloadEmbed Size (px) 344 x 29429 x 357514 x 422599 x 487DESCRIPTION One of the best works in telugu literate TRANSCRIPT012345678910111220131421151622171823193024253126273228293334403536413738423943444550464751484952535455566057586159626364656667 A look at the several stories associated with its origins throws light on the sentiments underlying the festival: 1. You're Reading a Free Preview Pages 62 to 67 are not shown in this preview. ^ Ramakrishna Rao, Adapa (1975). ISBN 81-237-1978-7. JSTOR 23341502. Archived from the original on 21 December 2016. (ed.). Feb 08, 2016ReportDownloadCategory: DocumentsDescription: One of the best works in telugu literate Transcript:012345678910111220131421151622171823193024253126273228293334403536413738423943444550464751484952535455566057586159626364656667 Asamardhuni Jivayatra Cover of English translation, 2003AuthorTripuraneni GopichandTranslatorD. He is soon reduced to straightened circumstances, and forced to seek employment, but fails to hold any job.[1] One day he dreams of seeing an androgynous figure composed half by the goddess Parvati and half of Paramesvara. Paradoxically, when Sitaramrao falls in love himself, marries and has children, he considers this to be unnatural.[3] His life and family is shattered due to his uncompromising character, but he attributes his misfortunes to others, and not to his own flaws. p. 1. Retrieved 7 July 2019. He wrote 11 novels, numerous articles on varied subjects from philosophy to social life, social plays, short plays and wrote scripts for nine films of which he directed some of them. pp. 1413-1414. pp. 1089-1090. Gopichand's novel Pandita Parameswara Sastry Veeilunama Asamardhuni Jeeva Yatra happened to be the first Telugu novel that won Central Sahitya Akademi. (1997). It is a psychological novel, using stream of consciousness technique. Sitaramrao in turn insults his uncle. He recalled his services to radio and as the first director of State Information and Public relations Department. Masterpieces of Indian literature. S. Asamardhuni JeevaYatra underlined the point that we should stand on our own foundation to move ahead. His own shadow seems to join with his father and attack him. External links Asamardhuni Jivayatra at Google Books (English translation) Retrieved from " Dignitaries unveil the postal stamp to honour Tripuraneni Tripuraneni Gopichand is a big name in world of Telugu literature. Chief Guest Purandeswari recalled contribution of Gopichand's illustrious father and poet Ramaswamy Chowdary and said his son continued the legacy of his father and created his own identity in society. He published Lekha Sahityam under the title Ubhaya Kusalo pari that contain letters written by a rural farmer Koteswara Rao to his friend Gopi living in town, depicting rural life. He drifts into fantasies of becoming a robber and raping a woman. Tripuraneni Gopichand stood out as a writer on varied themes. Asamardhuni Jeevayatra considered as his best novel that influenced other writers. Lakshamma Avula Manjulatha, former Vice-chancellor of Telugu University observed that Second World War, global economic depression, struggle for Independence and other events that occurred before Gopichand's death in 1962 inspired Gopichand and other writers and he created a place for himself with his work. ^ Datta, Amaresh, ed. He begins to act strangely, beating in succession his daughter and his wife, and talking to a gecko. "Asamardhuni jivayatra". Retrieved 14 July 2019. All the works of Gopichand reflected contemporary society in a realistic way. He is dominated by the former, which deprives him of his commonsense; as a result hunger, marriage, procreation and maintaining a family appear to be trivial and mean concerns to him. He cannot act against external events, only himself. Ka You're Reading a Free Preview Pages 7 to 15 are not shown in this preview. Though The village elder Ramayya cautions him to be careful with his wealth, Sitaramrao, inspired by lofty ideals, pays for a lavish funeral, and arranges for people with large debts to his family to repay only a small proportion. Government of India came forward to release a postal stamp in his memory, timed with the conclusion of Gopichand's centenary celebrations. He tries to rationalise his defects, at the same time withdrawing into an imaginary world failing even to hold on to his job. You're Reading a Free Preview Pages 19 to 20 are not shown in this preview. When his maternal uncle deceives him, he thinks it a sign of his greatness that he does not concern himself with money matters. The language in Gopichand's Dharmadevata film also influenced later-day films. He comes from a distinguished family, whose grandeur is celebrated.

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